

	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Snack	Blueberry or Cranberry Scone & Juice	Yogurt Cup & Raisin Bread	Banana Muffin & Fruit	Flatbread & Creamcheese	Yogurt Cup & Digestive Cookies
Lunch	Beef Burger with Baked Potato Wedges & Ketchup Packet Fruit	Chicken Parmesan Pasta Fruit	Baked Chicken Fingers & Potato Hash Browns with Carrot Coins Fruit	Beef Meatballs with Mashed Potato, Gravy & Corn Niblets Fruit	Homemade Macaroni & Cheese Fruit or Chocolate Milk
Afternoon Snack	Chocolate Pudding & Arrowroot Cookies	Cheese & Crackers	Chocolate Chip Cookie & Cucumber Coins	Trail Mix (cheerios, goldfish, pretzels & raisins) & Fruit	Rice Krispie Square & Fruit
Lunch Veg Option (includes dairy & eggs)	Veggie Burger with Baked Potato Wedges & Ketchup Packet	Vegetarian Parmesan Pasta	Grilled Tofu Fingers with Potato Hash Browns & Carrot Coins	Veggie Meatballs with Mashed Potato, Gravy & Corn Niblets	Homemade Macaroni & Cheese
HALAL Lunch Option	HALAL Chicken Burger with Baked Potato Wedges & Ketchup Packet	HALAL Chicken Parmesan Pasta	HALAL Baked Chicken Fingers & Potato Hash Browns with Carrot Coins	HALAL Beef Meatballs with Mashed Potato, Gravy & Corn Niblets	Homemade Macaroni & Cheese

Fruit = Fruit will vary day to day. Based on availability/seasonality. Fruit provided can be fresh, canned or frozen (always plain or unsweetened). Fruit choices may include apples, pears, oranges, pineapple, cantaloupe, watermelon etc. or 100% fruit juice. Assorted veggies = Veggies/veggie sticks vary day to day. Based on availability/seasonality. Veggie provided can be fresh, canned or frozen. Veggie choices may include carrots, celery, bell peppers, cucumbers, cauliflower, broccoli, zucchini etc.

Please note this menu is subject to change, due to supply challenges.

Substitutions may be made for the major single allergens/dietary restrictions only ie. vegetarian or halal or gluten free or dairy free or egg free.

