

Jun 30-Jul 4, Jul 14-18, Jul 28-Aug 1, Aug 11-15

WEEK 1	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Snack	Mini Scone & Fruit Juice	Flatbread & Creamcheese	Muffin & Apple Slices	Brioche & Strawberry Creamcheese	Raisin Bread & Yogurt Cup
Lunch (Includes Fruit)	Chicken Burger with Baked Potato Wedges & ketchup packet	Beef Tortellini in tomato sauce & Garlic Bread	BBQ Chicken Drumsticks with Mashed Potatoes & Corn Niblets	Creamy Chicken Pasta with Broccoli & Peas	Baked Chicken Fingers & Potato Hash Browns with Carrot Coins + Chocolate Milk 😊
Afternoon Snack	Chocolate Chip Bear Paws & Fruit	Cheese & Crackers	Chocolate Chip Cookie & Fruit	Rice Krispie Square & Veggie Sticks	Nachos & Salsa
Veg Option (Includes dairy & eggs)	Veggie Burger with Baked Potato Wedges & ketchup packet	Pasta with Tomato Sauce & Cheese with Garlic Bread	BBQ Veggie Balls with Mashed Potatoes & Corn Niblets	Creamy Pasta with White Beans, Broccoli & Peas	Baked Veggie Fingers & Potato Hash Browns with Carrot Coins + Chocolate Milk 😊
Halal Option	Halal Chicken Burger with Baked Potato Wedges & ketchup packet	Pasta with Tomato Sauce & Cheese with Garlic Bread	HALAL BQ Chicken Drumsticks with Mashed Potatoes & Corn Niblets	HALAL Creamy Chicken Pasta with Broccoli & Peas	Halal Baked Chicken Fingers & Potato Hash Browns with Carrot Coins + Chocolate Milk 😊

Fruit = Fruit will vary day to day. Based on availability/seasonality. Fruit provided can be fresh, canned, or frozen (always plain or unsweetened). Fruit choices may include apples, pears, oranges, pineapple, cantaloupe, watermelon etc. Assorted veggies = Veggies/veggie sticks vary day to day. Based on availability/seasonality. Veggies provided can be fresh, canned, or frozen. Veggie choices may include carrots, celery, bell peppers, cucumbers, cauliflower, broccoli, zucchini etc.

Please note this menu is subject to change, due to supply challenges. Substitutions may be made for the major allergens i.e., gluten, dairy, egg, and dietary restrictions i.e., Halal & vegetarian.



Jul 7-11, Jul 21-25, Aug 4**-8, Aug 18-22

WEEK 2	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Snack	Mini Scone & Fruit Juice	Flatbread & WOW Butter	Raisin Bread & Yogurt Cup	Brioche & Strawberry Creamcheese	Muffin & Apple Slices
Lunch (Includes Fruit)	Beef Burger with Baked Potato Wedges & ketchup packet	Chicken Parmesan Pasta & Carrots (Chicken pieces with cheese over pasta in tomato sauce)	Chicken Hot Dog & ketchup packet with Coleslaw	Teriyaki Chicken Vegetable Lo Mein	Macaroni and Cheese + Chocolate Milk ☺
Afternoon Snack	Chocolate Chip Bear Paws & Fruit	Cheese & Crackers	Chocolate Pudding & Arrowroot Cookies	Rice Krispie Square & Fruit Juice	Chocolate Chip Cookie & Veggies
Veg Option (Includes dairy & eggs)	Veggie Burger with Baked Potato Wedges & ketchup packet	Veggie Parmesan Pasta & Carrots	Veggie Hot Dog & ketchup packet with Coleslaw	Teriyaki Tofu Vegetable Lo Mein	Macaroni and Cheese + Chocolate Milk ☺
Halal Option	Veggie Burger with Baked Potato Wedges & ketchup packet	Halal Chicken Parmesan Pasta & Carrots	HALAL Chicken Hot Dog & ketchup packet with Coleslaw	HALAL Teriyaki Chicken Vegetable Lo Mein	Macaroni and Cheese + Chocolate Milk ☺

****On August 5th, we will be sending Monday's lunch item.**

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