

WEEK 1	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Snack	Mini Bagel & Fruit Juice	Mini Scone & Fruit Juice	Muffin & Apple Slices	Flatbread & WOW Butter	Raisin Bread & Yogurt Tube
Lunch <small>(Includes Fruit)</small>	Chicken Burger with Baked Potato Wedges	Chicken Vegetable Noodle Stir fry	Baked Ziti with Vegetables and Garlic Bread	6" Turkey Submarine Sandwich with Fruit	Baked Chicken Fingers & Potato Hash Browns with Carrot Coins + Chocolate Milk 😊
Afternoon Snack	Rice Krispie Square & Veggie Sticks	Fudgy Brownie & Fruit	Trail Mix & Cucumber Coins	Cheese & Fruit	Brioche & Cream cheese
Veg Option <small>(Includes dairy & eggs)</small>	Veggie Burger with Baked Potato Wedges	Tofu Vegetable Noodle Stir-fry	Veggie Parmesan Pasta & Carrots	Veggie Submarine sandwich with Fruit	Baked Veggie Fingers & Potato Hash Browns with Carrot + Chocolate Milk 😊
Halal Option	Halal Chicken Burger with Baked Potato Wedges PM Snack: Halal Rice Krispie Treat	Halal Chicken Vegetable Noodle Stir-fry	Halal Baked Ziti with Vegetables and Garlic Bread		Halal Baked Chicken Fingers & Potato Hash Browns with Carrot Coins + Chocolate Milk 😊

WG = Whole grain, WW = Whole Wheat, MG = Multigrain.

Fruit = Fruit will vary day to day. Based on availability/seasonality. Fruit provided can be fresh, canned, or frozen (always plain or unsweetened). Fruit choices may include apples, pears, oranges, pineapple, cantaloupe, watermelon etc. Assorted veggies = Veggies/veggie sticks vary day to day. Based on availability/seasonality. Veggies provided can be fresh, canned, or frozen. Veggie choices may include carrots, celery, bell peppers, cucumbers, cauliflower, broccoli, zucchini etc.

Please note this menu is subject to change, due to supply challenges.

Substitutions may be made for the major allergens i.e., gluten, dairy, egg, and dietary restrictions i.e., Halal & vegetarian.



WEEK 2	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Snack	Mini Bagel & Fruit Juice	Mini Scone & Fruit Juice	Muffin & Apple Slices	Flatbread & WOW Butter	Raisin Bread & Yogurt Tube
Lunch (Includes Fruit)	Beef Burger with Baked Potato Wedges	Chicken Vegetable Noodle Stir fry	Chicken Parmesan Pasta & Carrots (Chicken pieces with cheese over pasta in tomato sauce)	Chicken Shawarma Wrap	Macaroni and Cheese + Chocolate Milk 😊
Afternoon Snack	Rice Krispie Square & Veggie Sticks	Fudgy Brownie & Fruit	Trail Mix & Cucumber Coins	Cheese & Fruit	Nachos and Salsa Dip
Veg Option (Includes dairy & eggs)	Veggie Burger with Baked Potato Wedges	Tofu Vegetable Noodle Stir-fry	Veggie Parmesan Pasta & Carrots	Falafel Wrap	Macaroni and Cheese + Chocolate Milk 😊
Halal Option	Halal Beef Burger with Baked Potato Wedges PM Snack: Halal Rice Krispie Treat	Halal Chicken Vegetable Noodle Stir-fry	Halal Chicken Parmesan Pasta & Carrots	Halal Chicken Shawarma Wrap	Macaroni and Cheese + Chocolate Milk 😊

WG = Whole grain, WW = Whole Wheat, MG = Multigrain.

Fruit = Fruit will vary day to day. Based on availability/seasonality. Fruit provided can be fresh, canned or frozen (always plain or unsweetened). Fruit choices may include apples, pears, oranges, pineapple, cantaloupe, watermelon etc. Assorted veggies = Veggies/veggie sticks vary day to day. Based on availability/seasonality. Veggies provided can be fresh, canned or frozen. Veggie choices may include carrots, celery, bell peppers, cucumbers, cauliflower, broccoli, zucchini etc.

Please note this menu is subject to change, due to supply challenges.

Substitutions may be made for the major allergens i.e. gluten, dairy, egg, and dietary restrictions i.e. Halal & vegetarian.

